Responsive Caregiving in Infant and Toddler Programs:
The Key to Healthy Development

Agenda
• Group Courtesies
• Reflective Activity: Think back to your earliest memories. Describe, draw, or list at least two practices from adults in your life that you feel shaped who you are today. How did/do these caregiving practices affect your ability to form and maintain relationships, learn in school, and/or work with children?
• Introductions and review of agenda, materials, outcome, and objectives
• Discussion about the importance and goals of Responsive Caregiving • Discussion of foundational theories of responsive caregiving and secure attachment • Discussion on how responsive caregiving links to healthy brain development and positive outcomes • "Still Face" video
BREAK
• Discussion around critical elements and practices for responsive caregiving (adult-child interactions, routines & schedules, guiding behavior, cultural responsiveness and relationships with families) • Small Group Activity: Responsive Caregiving scenarios • Discussion of challenges which can compromise responsive caregiving
• Discussion of critical strategies to examine, practice, and select when developing responsive caregiving for infants and toddlers • Self-Assessment and Professional Action Plan
• Closing discussion around responsive caregiving and secure attachment • "Best Friends" video, evaluation, and certificates