

ITERS-3 Interactions Self-Assessment

The purpose of this self-assessment is to reflect on how you support the learning and development of children in regard to adult-child and child-child interactions during program time.

Space and Furnishings		
Reflection Questions Based on ITERS-3 Quality Indicators	Notes	
In what ways am I protecting toddlers from active play when they are in the "cozy area" (a clearly defined space with a substantial amount of softness where children may play quietly)?		
How am I pointing out and talking to children about displayed materials?		

Personal Care Routines	
Reflection Questions Based on ITERS-3 Quality Indicators	Notes
How am I individualizing and providing equal attention for children of different ages during feedings and meals?	
How am I ensuring interactions with children are contributing to a pleasant atmosphere during meal/feeding times?	
How do I provide positive support and teaching during diapering/toileting routines in a responsive and pleasant manner?	
In what ways am I providing simple explanations to children why they cannot engage in unsafe behaviors?	
How am I giving positive feedback to children during health and safety routines and practices?	

Language and Books	
Reflection Questions Based on ITERS-3 Quality Indicators	Notes
How do I use materials, displays, routines, and other experiences to	
initiate conversations with children, while introducing new and	
interesting vocabulary?	
When and in what ways do I talk with children in response to their	
interests, engagement, or mood?	
In what ways do I talk playfully with children?	
How am I individualizing with, and showing positive interest in,	
children's verbal and non-verbal attempts to communicate?	
In what ways am I showing positive interest in children's use of	
books and making adult initiated book times attractive to children?	



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Activities		
Reflection Questions Based on ITERS-3 -3 Quality Indicators	Notes	
How am I supporting and helping children learn to use fine motor materials?		
In what ways am I talking and engaging with children during fine motor,		
dramatic play, and art activities/experiences?		
How do I engage children in musical experiences, informally and individually		
(during play and routines such as feeding/diapering/rocking, etc.)?		
In what ways am I supporting and encouraging children to use blocks and		
talking with interested children about their block play?		
In what ways do I talk with and engage children to support their experiences		
with nature and science materials and the natural world, both indoors and		
outdoors?		
How am I supporting children's math/number learning (such as counting and		
comparing), using materials, activities, and experiences, during play and		
routines?		
How am I ensuring children under 2 years are not receiving screen time and		
how am I actively involved with children in a positive way who are using		
screen time?		
In what ways am I pointing out similarities and differences among people to		
help children see diversity in a positive way?		

Interaction		
Reflection Questions Based on ITERS-3 Quality Indicators	Notes	
In what ways am I supporting and encouraging children's gross		
motor development through interactions?		
How am I showing interest in and appreciation for what children do		
during non-gross motor times?		
In what ways am I individualizing for and ensuring the use of warm		
physical contact with children during routines and play?		
How am I positively responding to children who are crying and/or		
upset (anxious, angry, hurt, and/or afraid)?		
In what ways am I ensuring my expectations for children's		
behavior are appropriate for their age and developmental levels?		
How am I providing positive attention to children when they are		
behaving well and using other ways of preventing potential		
problems?		
In what ways am I supporting, encouraging, and facilitating		
children's ability and attempts to interact with other children?		
How am I explaining to children in simple terms why certain		
behaviors are not permitted?		



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Program Structure		
Reflection Questions Based on ITERS-3 Quality Indicators	Notes	
In what ways am I providing positive interactions with children during free play time and respecting children who prefer to play alone?		
How am I ensuring children are supported and actively engaged during group times and are able to leave group times when not interested?		